



Parkway Aquatic Center

385 Park Way, 91910 • (619) 409-1985

<http://www.chulavistaca.gov/goto/swim>



Winter 1	2 weeks	February 25-March 7, Monday through Thursday
Winter 2	2 weeks	March 11-March 21, Monday through Thursday
Winter 3	2 weeks	March 25-April 5, Monday through Thursday (No class Monday, April 1st. Makeup lesson Friday, April 5th)
Winter 3A (mornings only)	1 week	March 25-March 28, Monday through Thursday
Winter 3B (mornings only)	1 week	April 2-April 5, Tuesday through Friday
Winter Saturdays A	4 weeks	March 2-March 23, Saturdays

<i>Class Title/Age</i>	<i>Season</i>	<i>Time</i>	<i>Days</i>	<i>Total Classes</i>	<i>Cost</i>
Parent and Tot Swim Lessons Ages: 6mo - 3yrs* *Swim diaper is required	Winter 1, 2, 3	4:35-5:05pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 3A	10:50-11:20am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3B	10:50-11:20am	Tuesday-Friday	4	\$18 resident / \$27 non-res
	Winter Saturdays A	11:15-11:45am	Saturdays	4	\$18 resident / \$27 non-res
Toddler Swim Lessons Ages: 2-3 yrs* *Swim diaper is required	Winter 1, 2, 3	3:25-3:55pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 3A	9:40-10:10am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3B	10:15-10:45am	Tuesday-Friday	4	\$18 resident / \$27 non-res
Preschool Swim Lessons Ages: 4-5yrs* *Swim diaper is required for children who are not potty trained	Winter 1, 2, 3	4:35-5:05pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 1, 2, 3	5:45-6:15pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 3A	9:40-10:10am	Tuesday-Friday	4	\$18 resident / \$27 non-res
	Winter 3B	9:40-10:10am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3A	10:50-11:20am	Tuesday-Friday	4	\$18 resident / \$27 non-res
	Winter 3B	10:50-11:20am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter Saturdays A	10:05-10:35am	Saturdays	4	\$18 resident / \$27 non-res
	Winter Saturdays A	11:15-11:45am	Saturdays	4	\$18 resident / \$27 non-res
Youth Swim Lessons Ages: 6-14 yrs Beginning through advanced levels. Students are tested and separated the first day of class.	Winter 1, 2, 3	4:00-4:30pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 1, 2, 3	5:10-5:40pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 1, 2, 3	6:20-6:50pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 3A	9:05-9:35am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3A	10:15-10:45am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3A	11:25-11:55am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3B	9:05-9:35am	Tuesday-Friday	4	\$18 resident / \$27 non-res
	Winter 3B	10:15-10:45am	Tuesday-Friday	4	\$18 resident / \$27 non-res
	Winter 3B	10:15-10:45am	Tuesday-Friday	4	\$18 resident / \$27 non-res
	Winter Saturdays A	10:40-11:10am	Saturdays	4	\$18 resident / \$27 non-res
	Winter Saturdays A	11:50-12:10pm	Saturdays	4	\$18 resident / \$27 non-res
Advanced Youth Swim Lessons Ages: 6-15 yrs Must be able to swim 25 yds. freestyle & 25 yds. backstroke in deep water	Winter 1, 2, 3	6:20-6:50pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter 3A	9:05-9:35am	Monday-Thursday	4	\$18 resident / \$27 non-res
	Winter 3B	9:05-9:35am	Tuesday-Friday	4	\$18 resident / \$27 non-res
Adult Swim Lessons Ages: 15+ yrs	Winter 1, 2, 3	5:45-6:15pm	Monday-Thursday	8	\$35 resident / \$53 non-res
	Winter Saturdays A	10:05-10:35am	Saturdays	4	\$18 resident / \$27 non-res
Private Swim Lessons Ages: *2yrs-Adult *Swim diaper is required for all children under the age of 4 regardless of potty training	Winter 1, 2, 3	3:25-3:55pm	Tuesday & Thursday	4	\$80 resident / \$120 non-res
	Winter 1, 2, 3	4:00-4:30pm	Tuesday & Thursday	4	\$80 resident / \$120 non-res
	Winter 1, 2, 3	4:35-5:05pm	Tuesday & Thursday	4	\$80 resident / \$120 non-res
	Winter 1, 2, 3	5:10-5:40pm	Tuesday & Thursday	4	\$80 resident / \$120 non-res
	Winter 1, 2, 3	5:45-6:15pm	Tuesday & Thursday	4	\$80 resident / \$120 non-res
	Winter 1, 2, 3	6:20-6:50pm	Tuesday & Thursday	4	\$80 resident / \$120 non-res

Registration for April, May, & June begins **February 11th!**



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Winter 2019

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

Register online or at any Chula Vista Recreation Center.

Pool Closures

December 25—Christmas Day

January 1st—New Years Day

April 1st—Cesar Chavez Day

*Adult Lap Swim (18+)

Monday—Friday: 9am - 11am

Saturday (Beginning March 2): 10am - 12pm

Fees:

Adult (18+): \$4/swim or \$24/10 swims

Senior (55+): \$3/swim or \$18/10 swims

Open Recreation Swim (All ages)

March 23 - April 4th— During Spring Break

Tuesday, Thursday, & Saturdays: 12:30 - 3pm

Fees:

Adult (18+): \$4/swim or \$24/10 swims

Senior (55+): \$3/swim or \$18/10 swims

*Child (4-17yrs): \$2/swim or \$12/10 swims

*Children under 4 are FREE and must wear a swim diaper

*Silver Splash Water Exercise (18+)

Wednesday & Fridays: 9:30 - 10:15am

Gentle, effective exercises for toning, strengthening, stretching, and posture improving. A great choice for persons over 50 or with joint pain, recovering from injury, or pregnant. Conducted in shallow water.

Fees:

Adult (18+): \$4/class or \$24/10 classes

Senior (55+): \$3/class or \$18/10 classes

FREE Aqua Fun to be Fit (9-14 yrs)

March 26th—April 4th

Tuesday & Thursdays

12:30 - 1:15pm, 1:20 - 2:05pm,

or 2:10 - 2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser.

Students must be able to swim 15 yards

Junior Lifeguards (9-14 yrs)

March 25 - 29th

Monday – Friday: 12:15 - 3:15pm

Fees: \$60 residents \$90 non-resident

Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness. Must be able to swim 50 yards freestyle.

Lifeguard Training (15+ yrs)

January 2nd — 12th*

Monday – Friday: 9am - 3pm

Fees: \$200 non-refundable

This course trains and certifies participants with all American Red Cross certifications needed to apply for a job as a Pool Lifeguard. Chula Vista Lifeguards start at \$13.82 per hour. Pre-test held on first day: 300 yd swim, tread for 2 mins, timed deep water brick retrieval. Attendance at all class days and times is mandatory. *Saturday, January 12th is tentative pending class progress.

***Lap Swim & Silver Splash availability Subject to change according to programming**